

# **Food is Medicine**

## **A Plan for the Iowa Tribe of KS & NE**



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# Ioway Lands: Then and Now

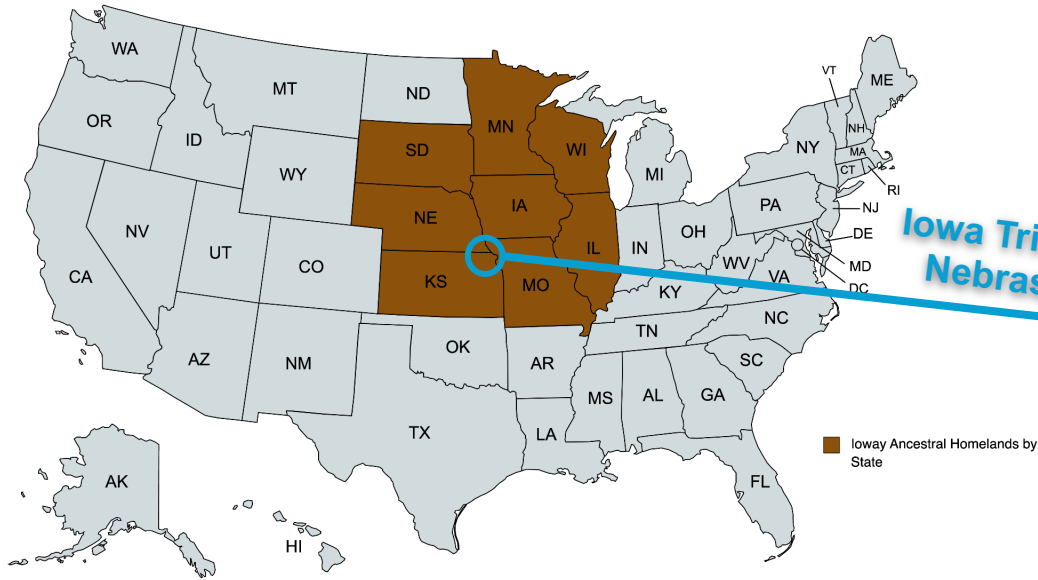


Image Source: Wikiwand.com

## About the Tribe

- The Iowa Tribe of Kansas and Nebraska is also known as loway or Báxoje.
- About 4900 tribal members across the country
- For centuries have had an economy based in trade and agriculture.
- Agricultural products embed tradition through our traditional ecological knowledge
- Tribally-operated clinic (638 clinic) serving both the loway and Sac and Fox people



## **About the Project**

- **Funding is from American Heart Association from UnitedHealthcare**
- **The grant is a 1 year timeline, with the subgrant timeline of 7 months.**



# Implementation Plans

- Tribe received the grant.
- Clinic is the lead organization alongside Chief of Staff.
- loway Farms will grow the food.
- Medical providers will determine the eligible diagnoses and hand out prescription.
- Grandview Oil will distribute the food.
- Other supports:
  - Education and cooking classes
  - Youth engagement
  - Social work
  - Culturally relevant foods and other medicines
  - Gardening and sustainability



- **We own the process. We own the data. We will work with with an evaluator to lead the work on our behalf.**
- **Our stories are our data. This is how Indigenous people have done and shared research for centuries.**

**Please do not share stories from evaluation plans without permission, as that is data that we own.**





**Thank you!**

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