



AUGUST 28, 2023
SUNFLOWER NONPROFIT CENTER

- The Iowa Tribe of Kansas and Nebraska
- Kickapoo Tribe in Kansas
- Prairie Band Potawatomi Nation
- The Sac and Fox Nation of Missouri
in Kansas and Nebraska





August 28, 2023
Sunflower Nonprofit Center



The Kansas Alliance for Tribal Community Health (KATCH), an intertribal health coalition representing the four sovereign Native nations in Kansas, is pleased to welcome you to the 2023 Kansas Tribal Health Summit.

This year's health summit, the first held in person since 2019 due to the COVID-19 pandemic, brings together members of the four tribes and the partners who support tribal health and well-being.

The goal of the summit is to address the shared health priorities of the tribes, and this year's event features a roster of experts speaking on such topics as mental health, food sovereignty and nutrition, COVID-19, diabetes, maternal outcomes, and the connection between optimal health and restoration of culture.

This event is hosted and planned by representatives of Kansas' four sovereign Native nations:

The Iowa Tribe of Kansas and Nebraska
Kickapoo Tribe in Kansas
Prairie Band Potawatomi Nation
The Sac and Fox Nation of Missouri in Kansas
and Nebraska

Kansas Tribal Health Summit

August 28, 2023
Sunflower Nonprofit Center



8:00 am	Doors Open, Registration	Powerhouse, 1 st Floor
8:00 – 8:30 am	Breakfast & Visit Vendors	Powerhouse North, 2 nd Floor Connector
	<i>SESSIONS BELOW AVAILABLE VIA ZOOM</i>	Powerhouse South, 2 nd Floor
8:30 am	Opening Remarks <ul style="list-style-type: none">• Dr. Ponka-We Victors-Cozad, Tribal Community Impact Director (Tohono O’odham Nation of Arizona/Ponca Tribe of Oklahoma)• Event Emcee Nick Wahpepah (Kickapoo Tribe of Oklahoma)	
8:30 - 9:15 am	Opening Ceremony <ul style="list-style-type: none">• Drum Group – Little Soldier Drum Group (Prairie Band Potawatomi Nation)• Color Guard – Kickapoo Color Guard• Invocation – Little Soldier Drum Group (PBPN)• Welcome & Land Acknowledgement from Sunflower Foundation	
9:15 – 10:15 am	Tribal Community Health Needs: A Conversation with Tribal Leadership <ul style="list-style-type: none">• Chairman Tim Rhodd, Iowa Tribe of Kansas and Nebraska• Paul Austin, Director of the Kickapoo Health Clinic• Vice Chairman Zach Pahmahmie, Prairie Band Potawatomie Nation• Brigitte Robidoux, Treasurer, Sac and Fox Nation of Missouri in Kansas and Nebraska Moderated by Nancy Rios, Regional Administrator, Health Resources and Services Administrator (HRSA)	
10:15 – 10:30am	National Maternal Mental Health Hotline <ul style="list-style-type: none">• Nancy Rios, HRSA Regional Administrator	
10:30 am	Explanation of Health Awareness Chalk Drawing Contest <ul style="list-style-type: none">• Nicole Swiger Performance Improvement Coordinator, KDHE	
10:35 – 11 am	Morning Refreshments Health Awareness Chalk Drawing Contest Walk to Breakout Sessions (see map)	Powerhouse North Powerhouse East Patio (outside)

11:00 am

BREAKOUT SESSIONS

Protecting You and Your Family from COVID: Powerhouse South
• Dr. Jamie Jacobsen, Medical Director, Prairie Band Potawatomi Health Center, member of the Citizen Potawatomi Nation
*This session available via Zoom

Tribal Food Sovereignty Conversation: Menninger Board Room
What's Happening in Kansas and Beyond (Powerhouse 2nd floor, see map)
• Chairman Tim Rhodd, Iowa Tribe of Kansas and Nebraska
• Misty Slater, Chief of Staff, Iowa Tribe of Kansas and Nebraska
• Other tribal representatives, potential partners and stakeholders

Reclaiming the Path of Wellness: Culturally Responsive Approaches in Behavioral Health and Substance Abuse
• Dr. Anitra Warrior, American Indian Child Psychologist, owner of Morningstar Counseling, member of the Ponca Tribe of Oklahoma
• Nancy Rios, HRSA Regional Administrator

12:00 pm

• Lunch provided by Chef Jason Champagne, owner of Native Chef LLC, member of the Red Lake Band of Chippewa Powerhouse North

EVENTS BELOW AVAILABLE VIA ZOOM Powerhouse South

12:30 pm

Tribal Public Health in Kansas Policy
• Rep. Christina Haswood, D-Lawrence, member of Navajo Nation

12:55 pm

Chair Yoga
• Nicole Swiger, Performance Improvement Coordinator, KDHE; Jerome Staab, Community Partnerships & Engagement Consultant, KDHE, member of the Santee Sioux Nation

1:05 pm

Self-Care and the Five Senses: Explore How Our Motions Live in Our Bodies
• Franchon Francees, Licensed Clinical Mental Health Counselor, founder of Wilmington, N.C.-based consulting group Healing Your Almond, member of the Cheyenne River Sioux Tribe

2:20 pm

Afternoon break to visit vendors, finish chalk drawings and network; refreshments available in Powerhouse North and the Connector Powerhouse North
The Connector

3:00pm

BREAKOUT SESSIONS

This session available via Zoom

Living Your Best Life with Diabetes: Panel

Powerhouse South

- Maggie Fairman, member of the Prairie Band Potawatomi Nation reservation, member of the PBPN and Winnebago Tribe of Nebraska
- Rhonda Cully, member of Winnebago Tribe of Nebraska
- Matthew W. Waits, Diabetes Prevention Program Manager, Prairie Band Potawatomi Nation
- Angela Meyer, RD, MPH, CDCES, Nutritionist, Haskell Indian Health Center

Moderated by Damon Jacobs, Ph.D, CPT, Health Promotion Coordinator, Diabetes Prevention and Treatment Program, Haskell Indian Health Center

Breastfeeding Among Generations of Indigenous Moms in Kansas (panel)

Menninger Board Room

- Stephanie Rupnicki, Breastfeeding Peer Counselor and Certified Lactation Counselor, Prairie Band Potawatomi Health Clinic, member of the Kickapoo Tribe of Kansas
- Kathryn Coleman, Iowa Tribe of Kansas

Components of a Health Journey

Tower Meeting Room

- Mr. Elwood Ott, member of the Otoe-Missouria Nation

4:00 pm

RETURN TO POWERHOUSE MEETING ROOMS

Closing Session

Powerhouse South

- Closing Comments, Maria Fairman, KATCH co-chair, member of the Prairie Band Potawatomi Nation
- Evaluations, Peggy Houston, KATCH member and member of Prairie Band Potawatomi Nation
- Chalk Contest winners, Jerome Staab and Nicole Swiger
- Closing Prayer

4:30 pm

Adjourn



KATCH leadership



Maria Fairman, KATCH Co-Chair

Maria Fairman, a descendant of the Winnebago Tribe of Nebraska and Prairie Band Potawatomi Nation, is co-chair of the Kansas Alliance for Tribal Community Health. She has worked within tribal communities for more than 17 years and considers it her passion.

She earned her Bachelor of Business Administration degree from Washburn University, and currently is working toward her Master of Social Welfare degree at the University of Kansas School of Social Welfare.

Olivia Pewamo, KATCH Co-Chair

Olivia Pewamo, Public Health Specialist with the Southern Plains Tribal Health Board and co-chair of the Kansas Alliance for Tribal Community Health (KATCH), provides health education, trainings, and workshops to the four tribes in Kansas. She is an enrolled member of the Prairie Band Potawatomi Nation and affiliated with the Kickapoo Tribe of Kansas.

She enjoys working with tribal communities, sharing health information and learning from those she has met. Pewamo earned a Bachelor of Arts degree in American Indian Studies from Haskell Indian Nations University and a Master of Arts in Indigenous Nations Studies from the University of Kansas.



Dr. Ponka-We Victors-Cozad, Tribal Community Impact Director



Dr. Ponka-We Victors-Cozad, the American Heart Association – Kansas Tribal Community Impact Director, coordinates activities with the Kansas Alliance for Tribal Community Health (KATCH) with a goal of improving the health and well-being of Native Americans across the state. This includes working on behalf of KATCH to organize and host the annual Tribal Health Summit.

A member of the Tohono O'odham Nation and Ponca Tribe of Oklahoma, she recently completed her 6th term in the Kansas House of Representatives and was the first Native American woman to serve in the Kansas Legislature. Dr. Victors-Cozad earned a graduate degree in public administration from Wichita State University and a doctoral degree in education from Creighton University. She would like to thank everyone for attending the Kansas Tribal Health Summit and hopes everyone enjoys themselves. Weblaha!



Meet our Speakers



Franchon Francees

Franchon Francees, an enrolled member of the Cheyenne River Sioux Tribe, is a licensed Clinical Mental Health Counselor and certified trauma practitioner and trainer. She is the founder of the Wilmington, N.C.-based consulting group Healing Your Almond, where she utilizes her expertise in both trauma and emotional intelligence to help companies address employee stress and team efficiency.

Franchon discovered her passion for mental health in 2007 while working at a 61-bed treatment facility, first as a direct care staff member and later as its clinical/residential coordinator.

She earned a Bachelor's of Business from Bentley University, then earned her Master's of Clinical Mental Health from Ohio University. A highlight in her life and career was being the keynote speaker at Sitting Bull College's beginning of the year summit in 2021.

Dr. Anitra Warrior

Dr. Anitra Warrior is an American Indian child psychologist and owner of Morningstar Counseling in Lincoln, Neb., where she provides clinical services to children and families throughout Nebraska.

Morningstar Counseling has seven locations and partners with school districts, colleges, tribes, and organizations to support the healthy development and mental well-being of children and families across Nebraska.

You can learn more about Dr. Warrior, Morningstar Counseling, and the team of providers at their website: <https://www.morningstar-counseling.com>, or on Facebook at <https://www.facebook.com/morningstarcounseling05>.



Speakers



Rep. Christina Haswood

Christina Haswood, D-Lawrence, serves in the Kansas House of Representatives for House District 10. She serves on the Federal and State Affairs, Health and Human Services and Taxation committees, as well as the Joint Committee of State and Tribal Relations. She is in the House Democrats' leadership as Policy Chair.

Haswood, a native of Lawrence, Kan., is Dine' (Navajo). She earned her A.S. in Community Health from Haskell Indian Nations University, before transferring to Arizona State University, where she earned her B.S. in Public Health. She earned her Master's in Public Health from the University of Kansas Medical Center. She is passionate about increasing Native American/Indigenous representation in leadership. She has previous experience working in public health in Arizona and Washington, D.C., and has worked in government at the federal, state, and Tribal department levels.

Dr. Jamie Jacobsen

Dr. Jamie Jacobsen, a native of Hoyt, Kan., and a member of the Citizen Potawatomi Nation, is medical director of the Prairie Band Potawatomi Health Center. She also works part-time as an emergency physician at the University of Kansas Health St. Francis campus in Topeka, where she worked on the front lines during the COVID-19 pandemic.

She earned a Doctor of Chiropractic degree from Cleveland Chiropractic College in Kansas City, worked as a chiropractor in Topeka, and volunteered at the Prairie Band Potawatomi Health Center. Dr. Jacobsen later earned her Doctor of Osteopathic Medicine degree from Kansas City University, then completed a family medicine residency through Oklahoma State University.

She began fulfilling her Indian Health Services Scholarship obligation at the federal Pawnee Indian Health Center in Pawnee, Okla. She completed the last three years of her service obligation at the Kickapoo Nation Health Center outside of Horton, Kan.



Speakers



Elwood Pipestem-Ott

Elwood Pipestem-Ott, an enrolled tribal member of the Otoe-Missouria Nation, brings a robust set of skills, knowledge, and passion to the realm of advocating for Native youth. In particular, he strives to bolster the holistic health and wellness of young people living in Native communities across the country through healthy eating, nutritional education and physical fitness.

Pipestem-Ott attended Haskell Indian Nation University in Lawrence, Kan., where he earned a bachelor's degree in American Indian Studies. In addition to his skills and passions around building healthy futures for Native youth, he also has experience in managing logistics, promoting sustainable business development, and organizing and supporting many events in various communities.

Nancy Ríos

Nancy Rios, regional administrator for the Health Resources and Services Administration (HRSA) Office of Intergovernmental and External Affairs (IEA) - Region 7, is the principal agency lead on intergovernmental and external affairs, regional operations, and tribal partnerships. Her office conducts outreach and provides technical assistance to stakeholders in Iowa, Kansas, Missouri, and Nebraska to increase awareness, reach, and impact of HRSA programs and improve access to care in underserved communities.

Rios has been with the U.S. Department of Health and Human Services for 24 years. Prior to joining HRSA, she worked for the Centers for Medicare & Medicaid Services (CMS). While at CMS, she served as the Regional External Affairs and Marketplace Outreach Lead for Region 7. She also served as the CMS Region 7 Native American Contact for 15 years. She coordinated and provided training, technical assistance, and policy guidance to Indian Health, Tribal, Urban Indian Health Programs, and State Medicaid agencies.



Speakers



Stephanne R. Rupnicki

Stephanne R. Rupnicki, a recognized member of the Kickapoo Tribe in Kansas and a married mother of six children, resides on the Prairie Band Potawatomi reservation. She serves on the Kansas Breastfeeding Coalition Board of Directors, U.S. Breastfeeding Committee and various committees under the USBC.

Rupnicki is co-founder of the Prairie Band Potawatomi Nation Breastfeeding Coalition and is working to establish the Indigenous Breastfeeding Coalition of Kansas. She provides support and services to families as a breastfeeding peer counselor and Certified Lactation Counselor based out of the Prairie Band Potawatomi Health Clinic. She was the first indigenous person to grace the cover of the CDC Breastfeeding Report Card. She received a sub awardee grant through Southern Plains Tribal Health Board from the CDC Good Health and Wellness in Indian Country for their breastfeeding initiative.

Jerome Staab



Jerome Staab, Community Partnerships & Engagement Consultant with the Kansas Department of Health and Environment, is a graduate of the Haskell Indian Nations University and a member of the Santee Sioux Nation. He enjoys getting to know communities and their needs and being a resource that helps make Kansas better for all families.

Nicole Swiger

Nicole Swiger, Performance Improvement Coordinator for the Performance Management and Improvement Team at the Kansas Department of Health and Environment, works to help develop an infrastructure that provides for equal opportunity in health for all Kansans. She graduated from Kansas State University in 2022 with a Bachelor's of Science in Kinesiology and a minor in Gerontology.



Speakers



Nicholas J. Wahpepah (Emcee)

Nicholas J. Wahpepah is the Human Resources Manager for the Southern Plains Tribal Health Board, which serves the tribes in Oklahoma, Kansas, and Texas, by providing public health services and advocating for the overall health of all American Indians in that region.

Wahpepah, who is Kickapoo/Winnebago from Shawnee, Okla., said he is honored to serve as Master of Ceremonies for the Tribal Health Summit, proud to advocate for American Indian public health, and appreciates the work Kansas tribes are doing to further AI/AN health and wellness.

Chef Jason Champagne

Chef Jason Champagne, MPH, is a member of the Red Lake Band of Chippewa (Minn.), and owner of Native Chef LLC. He is a graduate of Le Cordon Bleu Culinary Arts School and has a bachelor's degree in Community Nutrition from the University of North Dakota and a master's degree in Public Health Nutrition from the University of Minnesota School of Public Health.

Through his business, his goal is to help other Native Americans understand the basics of culinary arts, incorporate basic strategies to improve the overall nutritional content of foods, and incorporate traditional foods into contemporary food styles. He believes food can be a powerful, positive medicine, and that learning how to cook is the key to making it healthy, affordable, and delicious.





Thank you!

Planning Committee

We want to thank the many members of the Planning Committee who put in the time and effort to make the Kansas Tribal Health Summit such a great event, and without whom the event would not have been possible.

Our Partners

We also would like to thank our generous partners for their financial support and commitment to improving the health and well-being of Native Americans across Kansas.

Platinum Sponsors

The Iowa Tribe of Kansas and Nebraska
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Southern Plains Tribal Health Board
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