

"When we are listened to, it creates us, makes us unfold and expand..."
Karl Menninger



Sunflower Foundation
HEALTH CARE FOR KANSANS

2018 Annual Report

Take a deep breath and marvel at the wonder of our beautiful Kansas prairie.

The cover photo was taken in the Flint Hills north of Strong City by Arthur H. Davis and has been reprinted with his permission.

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Letter from the Board Chair and President & CEO

Storytelling is about more than just the words that are spoken; it is also about how those words make us feel. Stories are powerful and awe-inspiring tools which allow us to relive truths of the past and reflect on the promise of tomorrow. Stories unite peoples and cultures, they bridge gaps and they heal wounds. Stories keep front and center a world we want to remember and, sometimes, what we wish to forget. Stories are at the heart of philanthropy.

This year's annual report tells Sunflower Foundation's story through the lens of three leaders who work with nonprofit organizations committed to improving the health and well-being of all Kansans:

- Dee Ann DeRoin, MD, MPH, who coordinates the Kansas Tribal Health Summit Project and believes that all people deserve the opportunity to seek and receive quality health care, regardless of background or place;
- Teresa Lovelady, MSW, MBA, the President and CEO of HealthCore Clinic, who views the organization as a lifeline...a rest stop when the road gets too dark, a path forward when all others feel uncertain; and
- Brian Walker, the President and CEO of the Kansas Food Bank, who understands that simply supplying people with food will not eradicate hunger and that we also need more effective policies to address areas like work force development, healthcare, transportation, fair wages and childcare.

These nonprofit leaders are also alumni of our Sunflower Advocacy Fellowship Program. The Advocacy Fellowship Program celebrated its tenth anniversary in 2018; during that time, we have worked alongside more than 100 outstanding leaders and advocates across Kansas. And though it began as a program to build the capacity and advocacy skills of community champions, we knew early on that this program was transformational – reaffirming our mission, deepening our values and forever changing our lives.

Our work this past year has taken us into communities of all sizes working with people from all walks of life. As you read these stories, allow yourself the opportunity to journey with them. Experience the hardships, celebrate the successes and contemplate the impact these leaders and these programs have on your neighbors.

The Sunflower Foundation Board of Trustees and staff are thankful every day for the people we meet along the way. Without a doubt, we have received more than we have given – a gift we truly cherish and believe has made us a better health philanthropy.

Andrea Krauss
Chair, Board of Trustees
Russell

Billie Hall
President & CEO
Topeka

Profiles of Advocacy in Action: Dee Ann DeRoin, Kansas Tribal Health Summit Project



Dee Ann DeRoin, MD, MPH
co-chairs the Kansas Tribal Health
Summit project.

For the past several years, the Sunflower Foundation has endeavored to connect in a more meaningful way with the work of the state’s four sovereign Native nations. The foundation’s guide for this journey has been and continues to be Dee Ann DeRoin, MD, MPH. A strong, empathetic Native American physician, she is an enrolled member of the Iowa Tribe of Kansas and Nebraska. She is a public health educator at heart, a teacher, a mentor and a passionate advocate. Dr. DeRoin’s advocacy can best be described as bridge building – bringing diverse people, organizations and cultures together despite their past aggressions, their challenging political landscapes and a sometime disregard for the value and importance of cultural heritage by those with whom she hopes to partner. It is because of this bridge – and Dr. DeRoin’s unwavering commitment to bring good health and better opportunities to Native

peoples – that Sunflower is able to partner and support the remarkable work of the Tribal Health Summit Planning project.

An Advocate is Born at the Intersection of Heritage and Passion

Born in rural Nebraska just 70 miles west of her father’s Iowa tribal reservation, Dr. DeRoin is one of five children, the youngest by 14 years. Her father, born in 1891, had to leave the reservation for steady work with the railroad in order to support the family during the Great Depression. He died of heart disease, at the age of 56, when she was an infant. Although her mother left school at the age of 15, she instilled in Dr. DeRoin a lifelong love of learning and always told her, “you will go to college.”

“I don’t really keep a checklist of accomplishments for my life.

I think more in stories.

My life has been a story, but every page builds on another and has gotten me to here.”

–Dee Ann DeRoin, MD, MPH

She moved with her mother to California when she was in her early teens; it was there that she met one of her early mentors, her high school dean of students, who was a first-generation Japanese-American who had been confined in the World War II internment camps. He felt a kinship to her family’s reservation heritage; he encouraged her academic pursuits; he instilled in her a passion for learning; and, he embodied how one’s past can positively shape the future.

After high school, her path led her to the University of California at Berkeley (UCB) where she helped establish the Native American Student Association and the Native American Studies Department. Following college graduation, she worked for the local Community Action Program, working primarily with minority populations in Santa Clara County, including Native Americans who had largely been moved to the area as part of the

Bureau of Indian Affairs “relocation program” of the 1950s and 1960s. This work was the beginning of what would be a lifetime of advocacy for disenfranchised communities.

Fueled by this passion for service and advocacy, she returned to UCB for a masters of public health, an experience she would later call “one of the best educational opportunities I ever had.” The program introduced her to public health and what would eventually become the concept of social determinants of health, key learnings that she brought back to Kansas at the Indian Health Service and other tribal health programs.

These early experiences solidified what she already knew – that she wanted to practice family medicine in a Native community. That dream became a reality in 1978 when she graduated from the Stanford University School of Medicine. During residency, Dr. DeRoin worked extensively with Native populations across the Northwest, Alaska and Montana, eventually ending up at Haskell Indian Junior College Health Clinic in Lawrence, Kansas – a place where her own grandmother was one of the first students in 1884.

For over 20 years, Dr. DeRoin was a practicing primary care physician and a passionate health education advocate working at Haskell and the University of Kansas Watkins Student Health Center. She left full-time practice in 2001 and began a distinguished consulting career with a significant focus on women’s health.

Through this work, Dr. DeRoin amplified her advocacy efforts – helping to establish the Four Tribes Women’s Wellness Coalition in Kansas; expanding partnerships with the National Indian Women’s Health Resource Center in Tahlequah, Oklahoma; and providing guidance to Indian Health Services through the Women’s Health Steering Committee. Today, Dr. DeRoin remains committed to building partnerships for improved health, providing guidance and technical assistance to those who seek her direction, while striving to hone her skills as a social justice advocate.



Dr. DeRoin helps celebrate the completion of a new walking trail on the Kickapoo reservation in 2014. As part of her consulting work, she participated in the Kickapoo diabetes coalition which worked on various healthy lifestyle projects including the trail. DeRoin herself has walked 2 miles a day for the past 35 years.

Leading for Change: Relationships First

Dr. DeRoin is a fierce proponent of partnership building. She knows the complexities of bringing representatives from four different tribal nations together with different cultures, ideas, priorities and resources. Her leadership can be described as dignified and quiet.

Nowhere is this power of partnership better illustrated than Dr. DeRoin’s work leading the Kansas Tribal

Health Summit project. Now approaching its seventh year, this dedicated coalition of tribal health advocates represents the four sovereign nations in Kansas: the Iowa Tribe of Kansas and Nebraska, the Kickapoo Tribe in Kansas, the Prairie Band Potawatomi Nation and the Sac & Fox Nation of Missouri in Kansas and Nebraska. Dr. DeRoin understands that change is achieved not just by decisions and actions, but through building relationships over time.

Over the years, under the skilled leadership of co-chairs Dr. DeRoin and Zach Pahmahmie, Vice Chair, Prairie Band Potawatomi Nation Tribal Council, the health coalition plans an annual summit for the Kansas tribal communities as well as targeted programming for each tribe. The annual summit allows tribal leadership and community members to learn from other Native health experts as well as each other. Throughout the year,

specific programming ranges from workshops on the technical aspects and ethics of gathering tribal health data, to culturally appropriate cooking and nutrition education, to family-friendly classes on childhood development. The diversity of health topics not only allows each tribal community to pinpoint their specific needs – it opens even more opportunities for productive partnerships with external agencies and entities.

At the heart of her advocacy efforts is a tenacity and deep-seated feeling that all people deserve the opportunity to receive quality health care, regardless of background or place. Through her life's work, she embodies the importance of culture and its integral role in creating communities where healthy choices are available to all.

*“Silence is the
cornerstone of character.
The fruits of silence are self-control, en-
durance, patience, dignity,
and reverence.”
–Dakota Sioux*

Profiles of Advocacy in Action: Teresa Lovelady, President & CEO, HealthCore Clinic



Under President & CEO Teresa Lovelady's leadership, HealthCore goes beyond the diagnosis to connect and walk with those who need a hand.

Every great story begins with great characters. The story of HealthCore Clinic, a Federally Qualified Health Center (FQHC) in Wichita, includes a collection of inspiring characters, visionaries whose leadership and persistence turned a dream of a neighborhood health facility into reality. Today, that dream of a small neighborhood clinic has given way to a state-of-the-art, 40,000-square-foot medical facility with 33 exam rooms, a seven-chair dental area, 11 behavioral health rooms, a full service on-site pharmacy and a physical fitness center. The recently renovated clinic is on pace to add 75 new staff positions, providing support for an additional 30,000 patient visits which are projected over the next seven years.

The growth and innovation enjoyed by HealthCore Clinic stems from a team of dedicated and professional staff and a CEO known for her forward thinking and collaborative style of leadership. Under Teresa Lovelady's direction, HealthCore has remained true to its roots, working closely with neighborhood residents and community organizations to provide and enhance access to new services and programs. This includes implementation of an integrated model of care, a model which provides patients access to a comprehensive suite of services, including primary care, behavioral health, dental, pharmacy, disease management and migrant health. And wraparound supports that include a food pantry, rent and utility assistance, legal aide, transportation and on-site enrollment for many social service programs. This full service facility meets patients where they are, providing ready access, regardless of one's ability to pay, to what Teresa calls "health and hope."

Leading from the Heart: Personal Experiences Show Us What is Possible

Teresa brings a strong academic background to her position: a bachelor's degree from Chicago State University and masters' degrees in social work and business administration from Newman University. Professionally, Teresa served as a member of HealthCore's consumer board and was Vice President of Prevention and Advocacy at the Mental Health Association of South Central Kansas prior to joining the team at HealthCore. While her educational and professional experiences provide her the acumen to lead a large and growing organization, it is her upbringing that provides her the unique insight to truly understand and empathize with the challenges faced by many of HealthCore's patients.

When Teresa Lovelady arrived at HealthCore for the first time in 2003, it was not as the clinic's president and CEO, but as a patient. She was a single mother and full-time student who was uninsured and looking for a compassionate place to obtain care for her family, especially her young son, who struggled with asthma.

As Teresa worked to complete her master's degree, HealthCore was there, providing her family supportive, comprehensive care. It was during this time that Teresa's connection to HealthCore strengthened, through her membership on the clinic's consumer board, but, more importantly, her love for the clinic's mission and the staff's dedication to the neighbors they served.

"In a neighborhood that seemed to take more than it gave... teachers were a lifeline. [They] saw in Teresa, even then, the same spark and zest for life that her colleagues and partners know so well today."

HealthCore's unique relationship with the neighborhoods that surround the clinic drew Teresa in, and it is an approach which continues to strike a cord. Teresa grew up in a public housing project on the South Side of Chicago in the 1980s and early 1990s. The neighborhood was infamous for its high rates of poverty, violent crime and drug activity. Addiction and untreated mental health issues were rampant, and both of Teresa's parents would struggle to remain a part of their home.

By age 15, Teresa was homeless and caring for her two younger brothers. With daily survival the utmost priority, Teresa's hope for a better life would initially rest with a handful of dedicated teachers. In a neighborhood that seemed to take more than it gave, these teachers were a lifeline. These compassionate individuals saw in Teresa, even then, the same spark and zest for life that her colleagues and partners know so well today. These early mentors pushed Teresa to finish school and exposed her to a life outside of her embattled neighborhood, accompanying her to city museums, libraries and art installations. The support, attention and love shown by these special individuals is something Teresa strives to pass on to others who find themselves in similar circumstances.

Leading with a Vision: Offering Health Care and Hope for Those in Need

It is then no accident that providing support, attention and love remains at the core of HealthCore's work. While some view HealthCore as simply a place to seek and get health care services, Teresa understands its deeper meaning. She knows for some, HealthCore is a lifeline. It is a rest stop when the road gets too dark, a path forward when all others feel uncertain. Under Teresa's leadership, HealthCore is a clinic that goes beyond the diagnosis to connect and walk with those who need a guiding hand. No doubt this special touch is just one reason Teresa was named the 2017 Health Care Hero by the Wichita Business Journal. Truly investing in people at multiple levels is an effort that time and again has been shown to produce more than just good health — Teresa Lovelady is living proof.



HealthCore is a state-of-the-art medical facility with 33 exam rooms, 11 behavioral health rooms, a full service on-site pharmacy and more.

Profiles of Advocacy in Action: Brian Walker, President & CEO, Kansas Food Bank



Kansas Food Bank's President & CEO Brian Walker has tried to focus on bringing fresh, healthy foods such as produce, dairy and lean proteins to clients.

Brian Walker's first job was at a grocery store in his hometown of Newton, Kansas. At first, he wasn't particularly enthusiastic about it, but he grew to enjoy the food business so much that he stayed with it. He didn't know then that the job would set him on a path that led to advocating for thousands of people in need.

Demonstrating his leadership abilities early, Brian was soon overseeing operations and supervising the produce departments of several stores. As he continued to advance, he became responsible for opening new stores in Liberal, Newton and

Wichita, communities where the demographics were very different from each other. There was, however, one common denominator: the need for healthful, nourishing food.

A Lifechanging Decision

When the company he was working for switched owners 22 years ago, Brian decided to seek other professional opportunities. A former boss who was serving on the Kansas Food Bank Board of Directors heard Brian was looking and invited him to apply for a position. "I went to interview over the noon hour, and I had a new job before I had lunch," he recalls.

Back then, Brian knew very little about food insecurity or the way food banks operate. But he did know about operations – how to move, distribute and package food. Just as important, he had an impressive list of contacts and partners from his years in the grocery business. He quickly learned, however, that there was a great deal more to meeting the challenges of food pantries in underserved communities than he realized. But the more he discovered, the more personal his work became.

Invested in the Mission

He quickly became invested in the mission of the Kansas Food Bank, which operates in 85 counties throughout the state. He learned that just as with a financial bank, there are deposits and withdrawals. "Food goes in, food goes out," he says. "In my job, I had to manage the logistics of making sure pantries got their products on time and in good shape. In some ways, it was pretty cut-and-dried. You know you're doing important work, but the personal nature of it doesn't hit you until you visit a pantry."

*"If we don't do everything we can
and if we don't show up,
there are very real consequences.
What we do yesterday, today, tomorrow...
it all makes a difference."
—Brian Walker*

The moment that crystalized the impact of his work came during his first Thanksgiving Giveaway. It was a frigid 30 degrees outside and there were 300 people in line at the pantry, some without coats, and some who had been waiting for as long as five hours. He began to understand not just intellectually, but viscerally, the life-changing impact the food bank has on people's daily lives.

Many Stories

At the pantries, everyone has a story. A single mother who lost her job because her car broke down. Grandparents with meager incomes raising grandchildren. Seniors with overwhelming medical bills. College students who need to choose between making a tuition payment and eating dinner.

Some of them, perhaps, made poor choices, Brian admits.

But, he says, they can't change the past, and they need to deal with their hunger and the hunger of their families today. "Clients who visit the pantries often have no support systems, and one unplanned event can have catastrophic consequences. One day they're in line at the grocery store, and the next day they're in line at the food pantry."

But simply supplying people in need with food will not eradicate hunger, Brian points out. "Yes, we have to take care of their immediate needs, but there are so many contributing factors to hunger. We also need to address all the other pieces, like workforce development, healthcare, transportation, fair wages and childcare."

The Kansas Food Bank works hard to provide foods that are truly nutritious, and also to educate clients about making healthy choices. Both are very important, Brian says. "We know how malnutrition and less healthy foods impact overall health, and we understand that those costs are passed on in the system," he adds.

Driving the Mission Forward

But supplying nutritious foods in a hunger relief setting is trickier than it sounds. Brian recalls that over the past decade, food banks across the country began to re-examine the way they "did business." Rather than relying solely on non-perishable, shelf-stable items – many of which have low nutrient values – food banks started to shift their focus to fresh, healthful foods such as produce, dairy and lean proteins. The challenge, said Brian, is that aggregating, storing, repackaging and delivering perishable foods requires much more space, especially cooler space, and a different set of operations and volunteer workspace. In order to start delivering healthier food, Kansas Food Bank's physical footprint needed to change.

*"On days like that,
you see, hear and feel the need.
Decisions made today could
affect someone's ability to eat tonight,
or it can make a difference
five years down the road.
We have to be there for those food pantries."
– Brian Walker*



Brian Walker became the driving force behind the Kansas Food Bank's \$5 million campaign to increase capacity.

Realizing that something had to be done, the organization kicked off a \$5 million campaign to increase capacity. Brian became a driving force behind it, persuading businesses, foundations and individuals throughout the state that they could make a real difference in the lives of real people by contributing. In recognition of his ability to harness the support of so many Kansans for such a vital issue, the Fundraising Professionals of the Greater Wichita Area presented him with its 2018 Outstanding Fundraising Executive Award.

Brian says the campaign's success shows that many people really do care about the issues of hunger and poverty – and acknowledge that those in need deserve more than just food – they deserve high-quality, healthy food. “They want to know what work is being done, and they want to know that relief efforts are doing more than just feeding folks.”

Brian is modest about his accomplishments and the difference he makes in so many lives every day. But those accomplishments are a powerful reminder that ordinary people working together can accomplish extraordinary things.

Sunflower Foundation Board of Trustees

The Sunflower Foundation is governed by nine trustees who represent, as much as possible, the diversity of Kansas. Eight trustees are appointed through a process overseen by the Community Advisory Committee and the Kansas Attorney General. One trustee is appointed by Blue Cross and Blue Shield of Kansas. The voluntary trustees serve three-year terms and can serve up to three terms.



Jay Kennedy

Jay Kennedy, Frankfort, is Chief Executive Officer of First National Bank. He was appointed by Attorney General Derek Schmidt in 2015



Krista Postai, Secretary

Krista Postai, Pittsburg, is President and Chief Executive Officer of the Community Health Center of Southeast Kansas. She was appointed by Attorney General Derek Schmidt in 2014.



Andrea Krauss, Board Chair

Andrea Krauss, Russell, is Secretary and Treasurer of John O. Farmer, Inc. She was appointed by Attorney General Derek Schmidt in 2013.



Martie Ross

Martie Ross, Leawood, is a Principal at Pershing Yoakley & Associates healthcare consultants. She was appointed by Attorney General Derek Schmidt in 2014.



Les Lacy

Les Lacy, St. Francis, is Vice President for Regional Operations at the Great Plains Health Alliance. He was appointed by former Attorney General Steve Six in March 2010.



Don Sherman

Don Sherman, Wichita, is Vice President of Community Relations and Strategic Partnerships at Westar Energy. He was appointed by Attorney General Derek Schmidt in 2014.



Beryl Lowery-Born, Treasurer

Beryl "Bebo" Lowery-Born, Topeka, retired in 2013 from Blue Cross Blue Shield of Kansas as the Chief Financial Officer. She was appointed by Blue Cross and Blue Shield of Kansas in 2014.



Liz Sosa

Liz Sosa, Garden City, is Chief Executive Officer of Epitome Enterprises. She was appointed by Attorney General Derek Schmidt in 2016.



Mike Matson

Mike Matson, Manhattan, is Director of Industry Affairs and Development for the Kansas Farm Bureau. He was appointed by Attorney General Derek Schmidt in 2018.

Community Advisory Committee (CAC)

The nine-member Sunflower Foundation Community Advisory Committee (CAC) nominates candidates for the foundation's Board of Trustees. The Kansas Attorney General appoints eight of the committee members; the ninth member is the chair of the Sunflower Foundation board, serving as ex-officio with vote. Terms of office are three years and committee members may serve up to three consecutive terms.

CAC Members for Fiscal Year 2018

Kent Bradley, MD

Obstetrics-gynecology physician at Newton Medical Center
Valley Center

John Coen

President & CEO of the Ottawa Chamber of Commerce
Ottawa

Susan Concannon

Representative in the Kansas House, District 107
Beloit

Francie Currie

Office manager for Neodesha Family Medicine
Neodesha

Andrea Krauss

Serves on the CAC in her role as chair of the Sunflower Foundation Board of Trustees
Russell

Sue Krische

Retired Chief of Staff to four Kansas Senate Presidents
Topeka

Terry Presta

Executive Director of the Kansas Lottery
Overland Park

Glen Singer, MD

Retired family practice physician
Iola

Donna Thomas, DDS

Pediatric dentistry
Leawood

Sunflower Foundation Staff

Sunflower Foundation staff members are passionate about our work. Whether it is talking through a possible project or finding creative ways to provide technical assistance, we believe in trusting our partners' knowledge and perspective. Relationships are important to us and we strive to foster a culture of grantee-centric service. Trust, fairness, responsiveness and respect are the principles we use to guide our daily work and grantmaking decisions.



Billie Hall
President & Chief Executive Officer

Billie Hall is the president and chief executive officer and works in partnership with the board of trustees and staff to provide leadership, vision and direction for the organization. Hall's career has encompassed many aspects of health care and public health, including health education, health care administration, women's health, community health planning and health policy.

Prior to the Sunflower Foundation, Hall was vice president for public affairs for the Kansas Health Institute. Other positions include founding director of the first specialty women's health center in Topeka, member of the leadership team that launched the Kansas Foundation for Medical Care and public health educator for the Kansas Department of Health and Environment.

Education: Master of Science in Public Health, University of Missouri; Bachelor of Arts in Psychology, Washburn University.

Billie is a native of Topeka, Kansas and a fourth generation Kansan.



Cheryl Bean
Chief Financial & Operating Officer

Cheryl Bean oversees finance, operations and grants management for the foundation working closely with the CEO and the board of trustees. She has been with the foundation since

its inception. Previously, Cheryl was accounting manager for Key Staffing, a personnel firm in Topeka, Kansas.

During her time with the foundation, Cheryl has served on the board of PEAK, a member-led national association of professionals who specialize in grants management. During her five-year tenure (serving as treasurer for three years), membership increased significantly and the organization grew from a staff of four to twelve. Cheryl is also a graduate of the 2018 Leadership Topeka class.

Education: Bachelor of Science in Business Administration & Management, Washburn University.

Cheryl is a native of Claflin, Kansas and a fourth generation Kansan.



Elizabeth Stewart Burger
Senior Program Officer

Elizabeth Stewart Burger oversees the foundation's Healthy Living & Active Communities program area, which focuses on the built environment: systems, structures and surroundings that promote physical activity and healthy food access. Burger began her career as a TV news producer but later transitioned to health and wellness. While completing her graduate degrees, she owned a personal training business, managed hospital-based wellness programs and taught health education at the collegiate and community level. Most recently, she served as the evaluation director of practice-based research for the American Academy of Family Physicians.

Sunflower Foundation Staff

Education: Ph.D. and Master of Science degrees in Health and Human Performance from the Oklahoma State University; Master of Business Administration from Rockhurst University; post-doctoral fellowship from the University of Kansas; and Bachelor of Arts degree in Communications/Journalism from the University of Tulsa.

Elizabeth is a native of Oklahoma but has made Kansas her home since 2004.



Jason Fizell

*Director of Business Development,
Sunflower Foundation's Nonprofit
Center*

Jason Fizell oversees fundraising and grant development for the Nonprofit Center, as well as tenant recruitment and marketing of the conference center. Previously, Jason served for five years as development manager for St. Francis Health Foundation in Topeka. He has also served as executive director for the Kansas Land Trust in Lawrence, district director for U.S. Rep. Nancy Boyda, and proposal development manager for Health Systems Research in Washington, D.C.

Education: Bachelor of Arts in History, University of Kansas (emphasis in history of science and environmental history).

Jason is a native Michigander and has made Kansas his home since 1985.



Brandon Skidmore

Program Officer

Brandon Skidmore oversees the foundation's health care program area, which focuses on integrated care: a comprehensive, team-based approach to patient care which integrates primary and behavioral health care at the clinic and community level. Previously, he served as Director

of the Bureau of Health Promotion at the Kansas Department of Health and Environment, where he worked for more than a decade. He is a Fellow of the Kansas Public Health Leadership Institute and a recipient of the Outstanding Service Award from the Centers for Disease Control and Prevention.

Education: Bachelor of Arts in Biology, University of Kansas.

Brandon is a native of Augusta, Kansas and a fourth generation Kansan.



Gayle Smith

Executive Administrator

Gayle Smith oversees all corporate responsibilities at Sunflower Foundation, as well as provides executive and governance support, organizational and project management and event planning. Previously, she was a Senior Executive Assistant at Federal Home Loan Bank of Topeka. Before that, she did similar work at Childcare Aware of Eastern Kansas (a non-profit social service agency) and Security Benefit. Gayle is a member of the American Business Women's Association Career Chapter and an active member of the Washburn University Alumni Association.

Education: Master of Business Administration, Baker University and Bachelor of Arts, Business Administration, Washburn University.

Gayle is a native of Topeka, Kansas and sixth generation Kansan.

Financial Report, FY 2018

Statement of Financial Position • June 30, 2018

Assets	
Cash and investments	\$89,385,876
Property, fixed assets and other assets	\$3,116,865
Total Assets	\$92,502,741
Liabilities and Net Assets	
Accounts payable and accrued expenses	\$455,031
Grants payable	\$2,542,554
Total Liabilities	\$2,997,585
Unrestricted Net Assets	\$89,505,156
Total Net Assets	\$89,505,156
Total Liabilities and Net Assets	\$92,502,741

Financial Report, FY 2018

Statement of Activities and Change in Net Assets • Year Ended June 30, 2018

Support and Revenue	
Investment income, net of expenses	\$6,323,690
Total Income	\$6,323,690
Grants and Expenses	
Grant awards	\$2,346,798
Grant awards (refunds/adjustments)	(\$69,907)
Special initiatives	\$1,115,769
Program and general administrative expenses	\$858,018
Total grants and expenses	\$4,250,678
Change in net assets	\$2,073,012
Net assets, beginning of year	\$87,432,144
Net assets, end of year	\$89,505,156

The above amounts are from the Foundation's fiscal year 2018 audited financial statements. A copy of the Foundation's audited financial statements is available upon request.

Sunflower Foundation 2018 Grants

ADVOCACY AND POLICY

Supporting public policies aimed at improving the health of Kansans and supporting or developing efforts of nonprofit organizations to advocate for such policies on behalf of the populations they serve.

KC Healthy Kids

\$19,500.00

Wyandotte

Funding to help build capacity for policy priorities related to increased access to healthy foods, particularly among vulnerable families and children, through reduction in state food sales tax.

Kansas Action for Children, Inc.

\$62,000.00

Shawnee

Funds to support public opinion research and tax policy research with the intent of better understanding how Kansans perceive and understand current tax policy, especially in regards to food sales tax.

BUILT ENVIRONMENT

Promoting and supporting efforts to improve the physical environment of where we live, work and play—to make the healthy choice the easy choice.

Unified Government of Wyandotte County and Kansas City, Kansas

\$120,000.00

Wyandotte

Funding to resurface 3.4 miles of the 10-foot-wide Armourdale Levee trail, trail promotion, outreach and development of a trail coalition.

Community Foundation of Southeast Kansas

\$24,500.00

Crawford

Funding to support the development of the ABC Master Trail/Active Transportation Plan for Southeast Kansas, a collaborative community

process among Allen, Bourbon and Crawford counties, with the overall goal of increasing physical activity by strategically mapping the existing and future opportunities for trails, shared paths and multi-use roads.

City of Baldwin

\$10,000.00

Douglas

Funding to support the planning efforts for a two-county, 11.8 mile rail-with-trail running alongside the Midland Railway tracks between Ottawa and Baldwin City. Grant funds will be used for technical assistance for planning, fundraising strategies, promotion/marketing and community engagement.

Kansas Trails Council

\$29,785.00

Statewide

Funding to support the capacity-building and coordination of trail builders and trail stakeholders across Kansas, especially in rural areas, by organizing/hosting regional meetings; synthesizing data as part of strategic trail building plan and developing an online communications platform and resource/database to facilitate communication and coordination among existing and future trail champions.

CAPACITY BUILDING

Developing core organizational skills and capabilities in order to increase effectiveness, impact and sustainability.

Health Ministries Clinic

\$10,500.00

Harvey

Funding to support a national consultant to assess the organization's current infrastructure and systems and recommend improvements to support expansion of the clinic's operations.

Sunflower Foundation 2018 Grants

El Centro of Topeka

\$10,000.00

Shawnee

Funding to enhance community outreach efforts, including training of staff and board, to better meet the needs of clients.

Kansas Association for the Medically Underserved

\$10,000.00

Statewide

Funding to support the organization's strategic direction to ensure the association is representing its membership appropriately.

Kansas Public Health Association

\$10,000.00

Statewide

Funding to support planning and strategy development on how to engage KPHA's board, membership and critical stakeholders. Funds will also support development and dissemination of targeted messaging around Public Health 3.0 through the association's annual conference, website and other social media channels.

HEALTHY EATING AND RURAL FOOD ACCESS

Supporting the efforts of rural communities to increase access to healthy, affordable food through the pilot program H.E.R.O. (Healthy Eating, Rural Opportunities).

Thrive Allen County, Inc.

\$60,000.00

Allen

Funding to support the Marmaton Market Co-op in efforts to convert an older grocery store into a new community-owned co-op with an emphasis on fresh, healthy, locally-sourced food.

Southern Plains Tribal Health Board

\$87,450.00

Brown

Funding to 1) increase healthy cooking/nutrition

education and outreach across all four Native nations; and 2) catalyze efforts to increase overall food access and sovereignty among Kansas tribal populations by strengthening internal and external partnerships and expanding opportunities for long-term funding.

Stafford County Economic Development

\$60,000.00

Stafford

Funding to support development and construction of a "community health room" as part of the new Stafford County Marketplace. The health room serves as a public meeting room and education/activity center (e.g., nutrition classes, group exercise) in order to directly serve community needs.

Cowley County Economic Development

\$41,900.00

Cowley

Funding to support community engagement and nutrition education efforts related to the mobile grocery truck pilot project in Cowley County, including the use of local coordinators, innovative marketing around healthy food and ongoing evaluation and sharing of lessons learned.

Community Enhancement Foundation of Plains

\$60,000.00

Meade

Funding to support the nonprofit grocery store's community kitchen, which will be used for nutrition education, group meal preparation, local food entrepreneurs and part of the store's business plan to reduce food waste.

Eat Well Crawford County

\$35,000.00

Crawford

Funding to 1) support construction of a "high tunnel" to extend the growing season for local produce; and 2) program development/

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implementation to teach students how to grow, prepare, market and distribute vegetables at the community level.

Douglas County Extension Council

\$10,000.00

Douglas

Funds to support the participation of grantees and other statewide partners, as well as the dissemination of learnings, in “Harvesting Opportunity,” a regional symposium on the intersection of local food, health and economic potential led by national trainers from the Federal Reserve and USDA.

INTEGRATED CARE INITIATIVE

Supporting primary care and behavioral health safety net systems that endeavor to move toward integrated service delivery models, efforts include provider and clinician education, peer collaboration, technical assistance, readiness assessments and planning, model implementation and sustainment and payment reform.

Hunter Health Clinic

\$200,000.00

Sedgwick

Funding to support the organization’s expanded integrated care initiative including the dental health clinic and extended care clinic.

Vibrant Health

\$6,273.00

Wyandotte

Funding to support leadership of Vibrant Health to attend the Cherokee Health Systems training on integrating primary and mental health care delivery.

Community Health Center of Southeast Kansas

\$150,000.00

Crawford

Funding to support sustaining primary and mental

health care integration including staffing, training and professional education.

Douglas County

\$200,000.00

Douglas

Funding to support Douglas County, Heartland Community Health Center and Lawrence Memorial Hospital (LMH) to pilot a formal follow-up and ongoing treatment model for individuals who experience a behavioral health crisis and seek care through the LMH Emergency Department. Additional funds will support implementation of a community needs assessment to better understand psychiatric care needs across the local health care delivery system.

Sedgwick County

\$183,508.00

Sedgwick

Funding to support a planning process in Sedgwick County to redesign the local system of care to expand access to behavioral health services. Funds will support the cost of a county position to assist in coordinating relevant stakeholder groups, plan and facilitate partner and community meetings and serve as a liaison to county leaders

Flint Hills Community Health Center

\$150,000.00

Lyon

Funding to support primary and mental health care integration, including staffing, training and professional education.

RESPONSIVE GRANTS & SPECIAL INITIATIVES

Supporting research, education, public engagement, communications and other efforts aimed at advancing Sunflower Foundation’s mission.

Kansas Action for Children, Inc.

\$10,000.00

Shawnee

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Funding for KAC executive leadership development in the Rockwood Leadership Institute's National Leading from the Inside Out Fellowship. The Fellowship is designed for seasoned social change leaders to move to the highest level of personal and collective effectiveness.

Kansas Food Bank

\$250,000.00

Sedgwick

Funding to expand cold storage infrastructure and volunteer workspace. Increasing cold storage allows Kansas Food Bank to procure and store greater amounts of produce; increasing workspace allows more volunteers to safely sort and pack fresh produce for delivery.

Grantmakers in Health

\$45,000.00

Funding to support the programming, professional development and networking in the area of "HEAL" (Healthy Eating, Active Living) in order to improve grantmaking and better serve communities striving to create healthier environments.

Center for Practical Bioethics

\$200,000.00

Funding to examine elder abuse in Kansas and engage stakeholders, consumers, advocates and content experts to develop strategies and recommendations to address and prevent the issue.

Topeka Community Foundation

\$50,000.00

Shawnee

Funding to support the Kansas Grantmakers in Health (KGIH) opportunity fund for projects focused on health reform, enhancing access to care, improving quality of care and health outcomes and reducing growth in healthcare costs. Funds will also support outreach and education on the Affordable Care Act and other health system changes.

American Heart Association - Midwest Affiliate

\$10,000.00

Shawnee

Funding to support the participation of a Kansas tribal delegation in a national conference on tribal health, economic development and leadership. Participants shared learnings from the Kansas Tribal Health Summit Planning Committee and attended workshops and networking events to bring back new information to Kansas.

Kansas Association of Community Action Programs, Inc. (KACAP)

\$9,455.00

Statewide

Funding to support workshop and training fees associated with the 2018 Kansas Conference on Poverty and for KACAP training at the 2018 annual Kansas Library Association conference.

Kansas Health Institute

\$4,064.00

Statewide

Funding to support meeting expenses for speakers and stakeholders attending the Rising Stress-Related Deaths in Kansas public conference event.

Wichita State University Community Engagement Institute

\$3,000.00

Sedgwick

Funding to support the 2018 Kansas Community Health Worker Symposium allowing community health workers (CHWs) from across the state to attend the only statewide forum for CHWs in Kansas free of charge.

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Alliance for a Healthy Kansas

\$60,000.00

Statewide

Funding to support access to healthcare for all Kansans through the expansion of KanCare and a multi-sector coalition working to educate the public, policymakers and key stake-holders in communities statewide.

Kansas Department of Health and Environment Bureau of Health Promotion

\$150,000.00

Statewide

Funding to support the Kansas Behavioral Risk Factor Surveillance System (BRFSS) to enhance data collection and expand access to county and regional data for use by Kansas nonprofits and communities. The self-reported data collected through the BRFSS pertains to individual health risk behaviors such as tobacco use, physical activity and diet, access to health care and the treatment of chronic health conditions and the use of preventative health services.

SUNFLOWER-DIRECTED INITIATIVES

Sunflower Advocacy Fellowship and Network 2018

A non-partisan education and training program that helps nonprofit and community leaders develop the understanding, experience and expertise they need to become even more powerful voices for the Kansans they serve.

Sunflower Advocacy in Health Speaker Series

As part of its focus on advocacy, the Sunflower Foundation hosts periodic public presentations to help nonprofit leaders develop and strengthen their skills to effectively advocate on behalf of their organizations and those they serve. Emphasis is on collaborative learning and civil discourse.

This annual report is available online at:
SunflowerFoundation.org/2018

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"To Serve as a Catalyst for Improving the Health of All Kansans."