



The Sunflower Foundation 2016 Annual Report

Serving as a Catalyst for Improving the Health of Kansans



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Letter from the President & CEO and Board Chair

Dear Colleagues,

Each year, we take time to reflect on our work over the past 12 months. We think about the lessons we learned, the partnerships we developed, and the challenges we faced in serving as a catalyst for improving the health of Kansans.

This year, many of our partners also faced significant challenges as they advocated for policies and practices that promote access to health care and healthy living, particularly for vulnerable Kansans. Yet many organizations came together around common goals and shared resources. Collaboration and shared responsibility is not always easy but the return on investment and the impact on health and quality of life for all Kansans is the driving force.

In this year's Annual Report, we are sharing three stories about the power of collaboration — featuring the work of grantees and partners. We applaud the innovation and leadership that have made these projects successful.

The first is about the Alliance for a Healthy Kansas, a coalition of thousands of Kansans who share the goal of expanding KanCare coverage for 150,000 of our neighbors. Coalition members — including leaders in business, faith, social service organizations, safety net clinics, physicians' groups, and hospitals — are working to advocate for expansion in their own way. But together, their voices are more likely to be heard and acted upon by policymakers.

The second feature in this report highlights efforts by health care providers to integrate primary care and behavioral health care. Treating the mind and body in the same clinical setting is known to improve health outcomes, efficiency, and satisfaction for patients and providers. By working together, these pioneering providers are changing the health care system in Kansas.

The third feature takes a look at a bold vision to build a 22-mile trail all the way around the city of Lawrence. The effort has taken years so far and — with significant challenges remaining — may take many more. But key to making the “Lawrence Loop” a reality are the collaborative efforts of a variety of community groups, government agencies, and advocates.

Last, we want to acknowledge our 2016 Advocacy Fellowship Class. These Kansas leaders were our first multi-sector class, and the diversity in expertise and perspectives led to an even more profound learning opportunity. The theme this year was civil discourse — how to practice and promote the art of listening, compromise, and finding solutions for our state's critical issues. It was a privilege to spend a year with 15 of the most committed community leaders in Kansas.

On behalf of Sunflower's Board of Trustees, we thank our many grantees and partners for their commitment to improving the health of Kansans.

Sincerely,

Reginald L. Robinson
Chair

Billie G. Hall
President & CEO



Advocacy & Policy

Uniting Voices for a Healthy Kansas

Father Robert Schremmer, vicar general of the Dodge City Diocese, supports expanding KanCare because it shows compassion to vulnerable people.

Dr. Julie Stewart, who practices family medicine in southeast Kansas, supports expanding KanCare because she witnesses the human cost of being uninsured every day.

Terry Dunn, business executive and officer of the Greater Kansas City Chamber of Commerce, supports expanding KanCare because it will create thousands of jobs and, without it, employers will pay higher prices for employee insurance.

Marcillene Dover, a full-time education major at Wichita State University, has multiple sclerosis but no health insurance to cover treatment. She is one of 150,000 Kansans who would receive coverage if the state would expand KanCare.



Dr. Julie Stewart with patients in her southeast Kansas clinic.

Kansans Overwhelmingly Agree

Each of these Kansans — and thousands more like them — have spoken out in support of KanCare expansion since the federal government made it an option for states in 2012.

They are among the more than 75 percent of Kansans who support expanding KanCare as it was proposed this year, according to a poll by the Kansas Hospital Association.

**“Expanding KanCare shows
compassion to vulnerable
people.”**

—Father Robert Schremmer, Dodge City Diocese



Yet, for more than three years, leaders in the Legislature have refused to even discuss expanding KanCare.

Clearly, the voices supporting expansion were not being heard by elected officials.

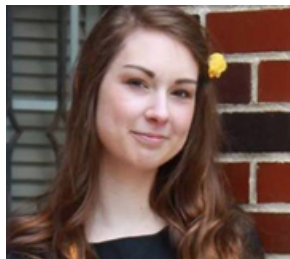
"When people understand KanCare expansion, what's at stake, where the funding comes from, and who qualifies, the great majority of Kansans support it," said Billie Hall, President and CEO of Sunflower Foundation. "People are the basis for participatory democracy. But the 'public' has been missing from public policymaking on this issue. People matter, and their voices need to be heard. Sunflower Foundation is committed to helping

the public shape our state policy to improve the health of Kansans," she said.

Bringing the “Public” into Public Policy

With so much at stake — thousands of working Kansans with no health insurance and a third of the state’s hospitals at risk of closing — the Sunflower Foundation invited leading health and advocacy groups to strategize about how to engage Kansans in this important policy discussion.

In addition, Sunflower reached out to Manatt Health Solutions for help in making the economic case for expansion, as well as the coverage case. The result was a [report showing that expansion could be budget neutral in Kansas](#), and would likely generate revenue gains. The public release of the report was endorsed by the Kansas Grantmakers in Health (KGIH), which [sent a joint letter to members of the Kansas Legislature](#) asking that this important public policy be discussed.



“The majority of the people who would qualify for KanCare expansion are working. We’re not looking for a handout.”

— Marcillene Dover, working Kansan in the coverage gap

Media across the state increased their coverage and more voices began to surface about this issue. More and more Kansans were speaking out.

At the same time, Sunflower began convening key health and advocacy groups to explore options for elevating the voices supporting expansion in communities. The result was the creation of a statewide coalition — the Alliance for a Healthy Kansas — a grassroots approach that draws on collective action at the local level to create change at the state level.

Thanks to collaboration by KGIH, the Alliance for a Healthy Kansas became a major initiative of the foundations to expand health care coverage in the state. David Jordan was hired as Executive Director to lead the effort.

“KanCare expansion will bring health care costs down and jobs up.”

— Terry Dunn said in 2015 as chairman of the Kansas City Chamber of Commerce



"The power you have as a coalition starts with multiple voices coming together and reaching policymakers," said Jordan, who has years of experience in grassroots organizing. "No one person and no one group can do this by themselves. Most often it takes broad coalitions to successfully advocate for policy change to benefit the people."

Educate, Agitate, Organize

The foundation for the Alliance was laid this summer. A website was created — [ExpandKanCare.com](#) — serving as a central source of facts and communication to the public and other interested organizations. Key stakeholders were convened to collaborate in unifying organizations already working on their own to support



Alliance executive director David Jordan speaking at a KanCare expansion rally attended by more than a 100 Kansans held at the Statehouse this summer.

expansion. Social media was used to locate and bring together grassroots supporters. A boots-on-the-ground effort began in the summer of 2016 and a robust network of community leaders and supporters began to develop.

“At the end of the day, grassroots engagement is about building leadership,” said Jordan. “The goal is to develop leaders in communities around the state who will be outspoken advocates on this issue and other issues that can improve the health of Kansans. But it takes time and it takes people willing to speak out and make their voices heard by the governor and by elected officials in the Statehouse.”

What Really Matters in Kansas

As Father Schremmer of Dodge City reminds us, “We are called to be good neighbors - to have compassion and for that compassion to move us to action. Expanding KanCare shows compassion to vulnerable people.”

David Toland, Executive Director of Thrive Allen County, spoke in support of KanCare expansion because of the promise it holds for economic development and sustaining his community, in part, by supporting its hospital.

“Communities survive because they are places people want to live. And to be blunt, people don't want to live in communities that don't have access to a nearby hospital,” Toland said. “Expansion also benefits hard working families. We know that more than two-thirds of those eligible are working or are in working families.”

Dr. Julie Stewart invited the governor and other legislative leaders to spend a day in her clinic and talk to her patients.

“It’s a different environment,” Stewart said. “I think when you have that conversation on a one-on-one level, then the sound bites and the jargon and the ideology — that takes a backseat. And that’s what we need in Kansas right now.”

“There are a lot of working Kansans who fall in the gap that has been caused by lack of KanCare expansion. Change needs to happen.”



Note: As Sunflower issues this annual report, the future of the Affordable Care Act is uncertain. Whatever may happen to the law in the coming years, Sunflower will continue to support expanding health coverage to all Kansans.

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Sunflower’s support for the Alliance for a Healthy Kansas is part of the foundation’s Advocacy & Policy work. This program area supports public policies aimed at improving the health of Kansans, and supporting or developing efforts of nonprofit organizations to advocate for such policies on behalf of the populations they serve. Learn more at SunflowerFoundation.org/advocacy.



Health Care

A Healthy Mind & A Healthy Body

Too often, mental illness goes undiagnosed or untreated — which can complicate treatment of physical health problems, too. But clinics that transform themselves to deliver "integrated care" are making sure more Kansans get the type of care they need, when they need it.

However, transformation is not easy. Leaders in two of Kansas' safety-net clinics — COMCARE and Salina Family Health Center — have developed programs unique to their practice that are working to improve the health of Kansans...



COMCARE Community Mental Health Center in Wichita

About four years ago, leadership at COMCARE knew they had to do something. "We were seeing from national reports that the number of people with mental illness was staggering—and yet about half of them weren't being treated," said Joan Tammany, Director of Quality and Innovation at COMCARE, the largest community mental health center in Kansas.

"So we started looking at integrated care as a way to reach more people who weren't seeking behavioral health services like ours, and give them a better chance of having their mental illness identified within a primary care clinic," she said.

This summer, COMCARE opened its first integrated care clinic, working with primary care partner GraceMed. Already it's proving to be a significant success, said Tammany.

"Many of the patients we are now seeing in the integrated clinic would instead be somebody in the community suffering from untreated anxiety or depression," she said. "Integrated care increases access to care by behavioral and primary care providers working hand-in-hand as a team to treat patients' physical and mental health needs."

Laying a Strong Foundation

It took years to implement integrated care at COMCARE, but the time was necessary for finding and establishing the model that worked for them, said Executive Director Marilyn Cook.

"We went into this thinking we just needed to hire a physical health care provider," Cook said. However, the challenges to that approach became quickly



Members of the COMCARE and GraceMed leadership team that launched Wichita's first integrated care clinic this year (L to R) Marilyn Cook, Dave Sanford, Joan Tammany, and Venus Lee.

apparent: they didn't have the expertise in billing primary care services, or the right software and electronic health record. So they took a step back and started exploring options for partnerships.

Several conversations quickly led to GraceMed as a potential primary care partner that shared the vision and long-term commitment to this work, said Cook. The timing proved fortunate, as soon thereafter Sunflower Foundation began accepting planning proposals.

"It was an easy decision to apply for a planning grant and ask GraceMed to be our partner," Cook said. "The initial grant was critical as it paid for a facilitator needed for having those difficult conversations about creating a true partnership. That helped us talk through and establish the business side of the partnership, which cemented the foundation of the partnership."

**"Treating the whole person
is critical to successful
health outcomes."**

—Marilyn Cook, COMCARE Executive Director



'The Big Turning Point'

The planning process charted the course for the partners' integrated care clinic. COMCARE would supply about 5,000 square feet of space, renovated for six exam rooms, a nurses' station, huddle space, offices, and small conference room.

GraceMed would supply the medical equipment and supplies needed to operate the clinic. COMCARE would staff a behavioral health consultant, and GraceMed would staff a physician's assistant, two medical assistants, a receptionist, and an office manager. The facility would be operated by GraceMed as a Federally Qualified Health Center.

"So that meant any work that our behavioral health consultant did became the work of the clinic for GraceMed," said COMCARE's Joan Tammany. "That was really the big turning point. Once we got over that hurdle, that's when we were able to establish the long-term commitment," she said.

The partnership's next step was to apply for an implementation grant from the Sunflower Foundation, which helped launch the integrated care program.



Members of the COMCARE and GraceMed leadership team explore the new integrated care clinic space as supplies began to arrive ahead of the clinic's opening this summer.

"What these grants allow us to do is to create momentum by demonstrating how integrated care is truly better for the patient and how it can be more cost effective," she said.

"In a partnership, you often have to give something up to gain something. We knew we might lose some potential revenue but it's the right thing to do for the patient," Tammany said.

Integrated care is the way of the future, GraceMed CEO Dave Sanford said. "More primary care patients have easy access to behavioral healthcare. And people with depression, anxiety or other mental health conditions are more likely to get the primary care they need."

"This was our first opportunity to collaborate with behavioral health providers, and we are proud to partner with COMCARE," he said.

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Salina Family Healthcare Center Federally Qualified Health Center

When the Salina Family Healthcare Center decided to transform its practice into an "integrated care" clinic starting in 2014, there were plenty of skeptics among the staff. "Today, there would be a huge revolt if we took away integrated care," said Dr. Robert Freeloove, who practices at the clinic and is CEO of its parent organization Salina Health Education Foundation.

"Integrated care takes more time. It takes more resources to have a behaviorist on staff. It takes learning how to communicate and work together as a team when that's not what you are probably used to," Dr. Freeloove said.

"It did not take very long for the skeptics to become champions. Integrated care makes a difference for patients almost immediately. When providers see the benefits, they can't imagine going back to the old way," he said.

Team-based, Patient-centered Care

Traditionally, primary care doctors and behavioral health care specialists are trained separately and practice in separate clinics.

"That just creates so many cracks along the way that a patient can fall through and prevent them from getting proper primary or behavioral health care," Dr. Freeloove said.

**"Integrated care is real time.
It's one location. It's practicing
health care as one team
focused on the patient."**

—Dr. Robert Freeloove, Salina Family Healthcare Center



"A patient has to actually believe certain care is necessary, and then has to follow through on that referral and go to a new place sometime in the future. Even once you overcome those challenges, there are frequently communication issues back and forth between those two different clinics," he said.

Integrated care puts both primary and behavioral health care providers on the same team, centered around the patient.

"We can accomplish so much more when we work as a team, rather than as individual clinicians," Dr. Freeloove said.

"Instead of communicating through notes in a medical record, I am working directly every day with the behavioral health specialist. I can simply step out of the exam room, grab the behaviorist, and explain what I think is going on, and discuss how to proceed," he said.



Dr. Robert Freelove talks with Danielle Blea, Licensed Clinical Marriage and Family Therapist (center), and Katie Herwig, Licensed Specialist Clinical Social Worker. All three work in the same office as part of an integrated care team at Salina Family Healthcare Center.

"Just that brief dialogue is incredibly important in getting the patient taken care of quickly and effectively. And because it's all right there in one office and in real time, the cracks that patients can fall through go away," Dr. Freelove said.

"Integrated care is real time. It's one location. It's practicing health care as one team focused on the patient."

Catalyzing Change

Although the benefits for the patient are clear, change is needed to incentivize more clinics to implement integrated care.

"This is just not how things are traditionally done, and medicine is really slow to adapt," said Dr. Freelove. "But if reimbursement won't let you get paid for it, whether it works becomes irrelevant. If it's not sustaining, you simply can't do it. That's where the support from the Sunflower Foundation has been critical in getting this off the ground, and for advocating for reimbursement changes to make this a sustainable model."

In 2016, Sunflower began funding research and analysis of the systemic barriers to the implementation of integrated care in Kansas. The project is intended to lay groundwork and chart the course for policy changes needed to make integrated care sustainable in Kansas.

"Salina Family Healthcare Center, COMCARE, and others working to integrate care in their clinics are truly at the vanguard of improving health care in Kansas," said Billie Hall, President and CEO of Sunflower Foundation. "But individual clinics can only do so much to affect system-wide change. That's where Sunflower is working to help—to catalyze changes needed to improve health care for Kansans. Working together, we believe will succeed."

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Since its inception in 2012, the Integrated Care Initiative has awarded 37 grants totaling nearly \$3.3 million. It also founded the Learning Collaborative, where more than 100 participants from grantee organizations and other partners have worked to learn from each other's efforts. Learn more at SunflowerFoundation.org/ICI.



Healthy Living & Active Communities

Improving Health Through the Built Environment



Among the supporters of completing the Lawrence Loop are (L to R) Charlie Bryan of the Lawrence-Douglas County Health Department, Marilyn Hull of LiveWell Lawrence, and Pat Hennessey and Mark Hecker of the Lawrence Parks & Recreation Department.

The Sunflower Foundation seeks to help all Kansans find opportunities for healthier lives through education, lifestyle choices and environmental factors. Investments in this area include promotion and support of the built environment — human-made structures, systems and surroundings that enable individuals to make "the healthy choice, the easy choice," especially in regards to nutrition and physical activity.

This includes the Sunflower Trails initiative, which partners with communities and schools across the state to create safe, accessible pathways for outdoor physical activity for all ages and abilities. Among the more than 150 Sunflower Trail projects are segments of the Lawrence Loop...

Community Collaboration in Action

They call themselves "Loopers." They are dozens of Lawrencians who, each in their own way, are working to make the "Lawrence Loop" a reality: a 22-mile, fully accessible trail all the way around the city.

"It's a vision more than 20 years in the making, thanks to Lawrence Parks and Recreation and a diverse coalition working together," said Marilyn Hull, co-founder of the LiveWell Lawrence coalition. "About 15 of the 22 miles are built, but completing the Loop is going to take a lot of work."

LiveWell Lawrence is a community health coalition that helps Douglas County residents work toward healthier choices and futures. The coalition focuses on changing everyday places such as neighborhoods, schools, worksites, restaurants, and city streets into environments that provide healthy food and convenient opportunities for physical activity.

LiveWell Lawrence coalition is one of many groups helping build sections of the trail, said Mark Hecker, Assistant Director at the Parks & Recreation Department, which is the lead city agency in trail construction and maintenance.

“Each segment of the Loop has had different supporting groups,” Hecker said, rattling off groups formed by neighborhoods, cyclists, joggers, outdoors enthusiasts, organizations focused on fitness, and advocates for seniors, children, and those with limited mobility. He said having so many groups’ support is also key to securing another critical element for building trails: grants and other contributions.

With two-thirds of the Loop built now, the momentum to finish the Loop has been building quickly, he said.

“Now groups are drawing maps, getting people excited about it, and talking about it as ‘The Lawrence Loop.’ It takes a lot of different people to make this happen,” Hecker said.



A recent planning map of the Lawrence Loop showing 15 miles of continuous completed trail and several proposed sections.

Connecting to Health

The Lawrence Loop provides opportunities for active living and exercise. That’s why the Lawrence-Douglas County Health Department strongly supports the Loop, said Charlie Bryan, Community Health Planner.

“We’re a natural advocate of the Lawrence Loop,” said Bryan. “Making the city easier to bike, walk, and wheel to everyday destinations is part of the health department’s community health plan — so we do play the role of mobilizing public support.”

And he said grant support like that from Sunflower Foundation not only helps build support on the city commission, it also helps the public understand the connections among outdoor trails, community health and equity. Recently, the Lawrence Pedestrian Bicycle Issues Task Force – volunteer group and partner to the coalition - developed a comprehensive report regarding the walking, biking and wheeling needs and opportunities in the city. Not only did the report stress the health benefits of “active transportation,” it highlighted the importance of accessibility for all residents.



Part of the Lawrence Loop near Rock Chalk park that Sunflower helped complete in 2016. This photo was taken before the .7-mile section was finished with concrete.

Promoting Accessibility

LiveWell Lawrence co-founder Marilyn Hull said the coalition brings a variety of perspectives and support for completing the Loop.

“For example, there is a significant number of people who prefer not to bike ride on city streets. They would like to get out and ride, so of course they strongly support the Loop,” Hull said.

Making sure the Loop is accessible to all ages and abilities is a focus area of the coalition, said Hull.

One of the most memorable community members who speaks out in support of the completing segments of the

Loop is Lorraine Cannistra, who has cerebral palsy and uses a motorized scooter. Hull calls her a “major source of inspiration.”

This year she wrote a letter to the city commission supporting accessible trails, including a portion of the Loop. Cannistra wrote:

“If I had the ability to get downtown on my own for whatever reason, my quality of life would explode.”

Where you live affects health. The work in Lawrence is an example of how communities are improving their built environment to enhance the health, wellbeing, and safety of their residents. Studies also show how greenspaces, trails, and parks promote health equity by making these enhancements easily accessible by all groups.



Lawrence resident Lorraine Cannistra, who said if the Lawrence Loop were completed her quality of life would improve dramatically.

“Completing the Loop is not going to be easy,” said Hull. “It’s going to take significant time and resources to see it through. But there is good momentum in the community right now — and funding support like Sunflower’s has really helped catalyze the vision for completing it and getting the community behind it.”

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Since its inception in 2005, the Sunflower Trails program has supported more than 150 trail projects in 57 Kansas counties. A statewide map of all Sunflower Trails projects and details about them is at SunflowerFoundation.org/TrailFinder.



Rosters

Board of Trustees

The Sunflower Foundation is governed by nine trustees who represent, as much as possible, the ethnic, racial and geographic diversity of Kansas. Eight trustees are appointed through a process overseen by the Kansas Attorney General. One trustee is appointed by Blue Cross and Blue Shield of Kansas.



Jay Kennedy

Jay Kennedy, Frankfort, is CEO of First National Bank. He was appointed to the foundation board by Attorney General Derek Schmidt in 2015.



Andrea Krauss

Treasurer

Andrea Krauss, Russell, is Secretary/Treasurer of John O. Farmer, Inc. She was appointed to the Board by Attorney General Derek Schmidt in 2013.



Les Lacy

Secretary

Les Lacy, St. Francis, is Vice President for Regional Operations at the Great Plains Health Alliance. He was appointed by former Attorney General Steve Six in March 2010.



Beryl "Bebo" Lowery-Born

Bebo Lowery-Born, Topeka, retired from Blue Cross Blue Shield of Kansas as the company's Chief Financial Officer in 2013. She was appointed by Blue Cross Blue Shield of Kansas in 2014.

(continued next page)



Krista Postai

Krista Postai, Pittsburg, is President and Chief Executive Officer of the Community Health Center of Southeast Kansas. She was appointed to the foundation board by Attorney General Derek Schmidt in 2014.



Reginald L. Robinson

Board Chair

Reginald L. Robinson, Lawrence, is Professor and Director of the School of Public Affairs and Administration at the University of Kansas. He was appointed to the foundation board by former Attorney General Steve Six in 2009.



Martie Ross

Martie Ross, Leawood, is a Principal at Pershing Yoakley & Associates healthcare consultants. She was appointed to the foundation board by Attorney General Derek Schmidt in 2014.



Don Sherman

Don Sherman, Wichita, is Vice President of Community Relations and Strategic Partnerships at Westar Energy. He was appointed to the foundation board by Attorney General Derek Schmidt in 2014.



Liz Sosa

Liz Sosa, Garden City, is Chief Executive Officer of Public Square Communities. She was appointed to the foundation board by Attorney General Derek Schmidt in 2016.

Note: The term of trustee Mia Korbely, Dodge City, ended during 2016.



(Rosters continued next page)

Community Advisory Committee

The nine-member Sunflower Foundation Community Advisory Committee (CAC) nominates candidates for the foundation's Board of Trustees. The CAC also acts in an advisory role to the foundation and reviews the annual reports. The Kansas Attorney General appoints eight of the committee members; the ninth member is the chair of the Sunflower Foundation Board of Trustees, serving ex-officio with vote.

Kent Bradley, MD, Valley Center, is an obstetrics-gynecology physician at Newton Medical Center.

John Coen, Ottawa, is president & CEO of the Ottawa Chamber of Commerce.

Susan Concannon, Beloit, is a representative in the Kansas House, District 107.

Francie Currie, Neodesha, is office manager for Dr. Bert Chronister, a family practice physician.

Sue Krische, Topeka, retired Chief of Staff to four Kansas Senate Presidents.

Terry Presta, Overland Park, is owner of Presto Convenience Stores, LLC.

Reginald L. Robinson, Lawrence, serves on the CAC in his role as chair of Sunflower's Board of Trustees.

Glen Singer, MD, Iola, is a family practice physician.

Donna Thomas, DDS, Leawood, practices Pediatric dentistry in the Kansas City area.

Note: The term of CAC member Janet Schalansky, Topeka, ended during 2016.

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Staff



From left:

Phil Cauthon, Director of Communications

Elizabeth Stewart Burger, Program Officer

Billie Hall, President and Chief Executive Officer

Julie Dillingham, Executive Administrator

Brandon Skidmore, Program Officer

Cheryl Bean, Chief Financial Officer and Operating Officer



Statement of Financial Position

Assets	June 30, 2016
Cash and investments	\$81,348,951
Fixed assets and other assets	\$1,754,732
Total assets	\$83,103,683
 Liabilities and Net Assets	
Accounts payable and accrued expenses	\$325,513
Grants payable	\$2,927,417
Total liabilities	\$3,252,930
 Unrestricted net assets	 \$79,850,753
Total net assets	\$79,850,753
 Total liabilities and net assets	 \$83,103,683

Statement of Activities and Change in Net Assets

Support and Revenue	Year Ended June 30, 2016
Investment income, net of expenses	(\$4,007,675)
Total income	(\$4,007,675)
 Grants and Expenses	
Grant awards	\$2,128,969
Grant awards (refunds/adjustments)	(\$283,299)
Special initiatives	\$981,230
Program and general administrative expenses	\$759,719
Total grants and expenses	\$3,586,619
Change in net assets	-\$7,594,294
 Net assets, beginning of fiscal year	 \$87,445,047
Net assets, end of fiscal year	\$79,850,753

The above amounts are from the foundation's fiscal year 2016 audited financial statements. A copy of the foundation's audited financial statements is available upon request.



Sunflower Foundation 2016 Grants

Advocacy/Policy

Supporting public policies aimed at improving the health of Kansans, and supporting or developing efforts of nonprofit organizations to advocate for such policies on behalf of the populations they serve.

Communities Creating Opportunity, statewide - \$175,000.00

Kansas City - This two-year grant will support networking local faith leaders across the state of Kansas and further their advocacy efforts for issues and policies that impact health and health equity.

Community Catalyst, statewide - \$10,000.00

A grant to provide technical expertise to the development of the Alliance for a Healthy Kansas project, a new grassroots coalition that will focus on expanding Medicaid (KanCare). The Alliance is a collaboration among state and local stakeholders.

Kansas Advocates for Better Care, Inc., Douglas - \$2,149.00

Lawrence - Funding to support a guide outlining consumers' rights, with step-by-step instructions for appealing changes in Medicaid services. The guide will be available online, and several thousand printed copies will be distributed via providers, advocates, and other organizations statewide.

Kansas Association for the Medically Underserved, Shawnee - \$64,000.00

Topeka - This two-year grant is to support the Alliance for a Healthy Kansas, a newly formed multi-sector coalition coming together to educate the public, policymakers, and key stakeholders in communities statewide about health policy. The Alliance's first policy focus will be closing the coverage gap for 150,000 Kansans by expanding KanCare. This grant is part of a larger funding collaborative of the Kansas Grantmakers in Health.

KC Healthy Kids, Wyandotte - \$10,000.00

Kansas City - Funding to support a survey of all state legislative candidates (Fall 2016) on the issue of the food sales tax.

Kansas Health Institute, Shawnee - \$20,000.00

Topeka - Funding to conduct research and analysis on barriers to the implementation of integrated primary and behavioral health care models in Kansas. The project also will identify key questions for stakeholders and policymakers to consider as next steps.

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Built Environment

Promoting and supporting efforts to improve the physical parts of where we live, work, and play, to make the healthy choice the easier choice.

City of Atchison, Atchison - \$55,000.00

Atchison - Working with Live Well Live Atchison, the City of Atchison will build a 1.55-mile long, 10-foot wide, asphalt, shared-use trail. The trail will be anchored by the county hospital and historic downtown, linking commercial and residential properties along the way.

City of Augusta, Butler - \$48,000.00

Augusta - The City of Augusta will build a .64-mile long, 8-foot wide, concrete trail throughout the city's most popular park. The trail will serve as a looped, scenic path to many park destinations, as well as a connector to nearby neighborhoods and commercial districts.

City of Clearwater, Sedgwick - \$40,000.00

Clearwater - Working with the Clearwater Recreation Commission, the City of Clearwater will build a .65-mile long, 6-foot wide concrete trail through the town's sports complex. The trail will connect with sidewalks on each end, increasing walkability across town.

City of Iola, Allen - \$30,000.00

Iola - Working with Thrive Allen County, the City of Iola will oversee construction and installation of a 150-foot long pedestrian truss bridge over Elm Creek. The bridge will connect the vast majority of Iola's residential and commercial development to a growing recreational area, which includes the Lehigh Portland Trails. The bridge will also enable about 700 employees of an industrial park on the south side of Elm Creek to walk or bike to work.

City of Lawrence, Douglas - \$120,000.00

Lawrence - The City of Lawrence will build a .7-mile long 10-foot wide concrete trail north of Rock Chalk Park, connecting the west leg of the Lawrence Loop Trail to the Baldwin Creek section of the loop. Currently, 13.5 miles of the loop are complete; once finished, the 22.4-mile trail will encircle the entire city. A small portion of the grant is earmarked for organizing promotional efforts by the project partners, which include LiveWell Lawrence, the Lawrence-Douglas County Health Department, Lawrence Parks & Recreation, and the Lawrence Pedestrian Bicycle Task Force.

City of Maize, Sedgwick - \$55,000.00

Maize - City of Maize will construct a 2,855-foot (.54-mile) long, 8-foot wide concrete shared-user path adjacent to 45th Street. The railroad company will provide safety infrastructure where the trail crosses the tracks.

City of Manhattan, Riley - \$46,625.00

Manhattan - The City of Manhattan will build a .6-mile long crushed limestone trail, ranging in width from 6 to 10 feet, connecting a residential area to the city's existing trail network. This recreation trail will also serve as an active commuting link for about 4,000 nearby residents to commercial districts and services.

City of Nickerson, Reno - \$39,978.00

Nickerson - The City of Nickerson will build a .67-mile long, 6-foot wide concrete trail around the city's only park. This will be the second publicly accessible trail in town, in addition to the Sunflower Trail at Nickerson Elementary School. The trail will also connect to a sidewalk, which leads downtown and then connects to the elementary school trail.

City of Paola, Miami - \$9,022.00

Paola - The City of Paola will build a 1.4-mile, 8-foot wide crushed limestone connector trail, completing a 7.5-mile long trail system around Lake Miola, a popular recreation site for the town and visitors. Among the project's supporters is the Paola Pathways task force, representing diverse stakeholders and a strong volunteer coalition.

City of Pittsburg, Crawford - \$9,114.00

Pittsburg - Working with Livewell Crawford County, the City of Pittsburg is building a 308-foot long, 6-foot wide connector trail that will allow passage through a railway crossing. The connector links the popular Pittsco Trail to other trails and sidewalk systems.

City of Salina, Saline - \$16,000.00

Salina – The city's Parks Department will construct a 10-foot wide, 800-foot long concrete trail that links an existing trail and a school trail, and incorporates an environmental education component.

City of St. Francis, Cheyenne - \$41,613.00

St. Francis - The City of St. Francis will build a .63-mile long, 6-foot wide caliche trail around a popular local pond

and wildlife area, increasing access to the pond, particularly for residents with limited mobility. This trail is intended to be the first phase of a four-phase master trail plan, eventually linking the pond to the downtown area.

Growing The Vision Inc, Greeley - \$48,675.00

Tribune - Growing The Vision Inc., a Greeley County Community Development foundation, will build a 1.02-mile long, 6-foot wide concrete and asphalt trail, encircling the county's largest park and connecting its recreational amenities. It will be the first publicly accessible trail in the county.

Johnson County Museum Foundation, Johnson - \$10,000.00

Shawnee - Johnson County Museum Foundation will work with Hall Center for the Humanities Fellow Henry Fortunato and other community partners to research, develop, create, install, and promote a comprehensive system of interpretative signage and complementary online content for a 10-mile stretch of Indian Creek Trails in Overland Park.

Russell PRIDE, Inc., Russell - \$47,400.00

The nonprofit community improvement organization, Russell PRIDE, will build a .9-mile long, 6-foot wide concrete trail as part of a larger trail system surrounding the city's Memorial Park.

Shawnee County Board of Commissioners, Shawnee - \$120,000.00

Topeka - Shawnee County Parks and Recreation will construct a half-mile long, 10-foot wide, ADA-accessible shared-use path on the west side of Gage Park, linking to segments being built on the north and south sides. When complete will, the two-mile trail will encircle Topeka's most popular park. A small portion of the grant has been earmarked for organizing promotional efforts by project partners.

USD #457 - Garden City Public Schools, Finney - \$18,020.00

Garden City - The Garden City School District will build a .25-mile long, 6-foot wide asphalt trail on Victor Ornelas Elementary School property. The trail will provide a comfortable training area for the school's running club and will also be accessible to the nearby middle school and residential areas.

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Capacity Building

Developing core organizational skills and capabilities in order to increase effectiveness, impact, and sustainability.

E C Tyree Health & Dental Clinic, Sedgwick - \$180,800.00

Wichita - This two-year grant will support new medical and administrative staff needed to build capacity, increase patient panel, and ensure financial stability.

NAMI Kansas, Inc., Shawnee - \$10,000.00

Topeka - Funding to build the capacity of 16 affiliates and for development of at least two online orientation modules to be shared on the NAMI Kansas website.

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Integrated Care Initiative

Supporting primary care and behavioral health safety net systems that endeavor to move toward integrated service delivery models, including education, peer collaboration, technical assistance, planning efforts, implementation, sustaining transitions, and efforts aimed at payment reform.

Citizens Foundation, Thomas - \$6,273.00

Colby - Funding for leadership of Family Center for Health Care and Norton Medical Clinic to attend the Cherokee Health Systems Training on integrating primary and mental health care delivery.

Community Health Center of Southeast Kansas, Crawford - \$200,000.00

Pittsburg - This two-year grant supports expansion of integrated services capacity in the grantee's satellite clinics throughout southeast Kansas, serving Bourbon, Crawford, Neosho, Wilson, and Woodson counties.

Health Partnership Clinic, Johnson - \$75,000.00

Olathe - One-year grant supporting continued development of an integrated approach to care, including for leadership to attend the Cherokee Systems Training on integrating primary and mental health care delivery.

Healthcore Clinic, Inc., Sedgwick - \$200,000.00

Wichita - This two-year grant supports expansion of integrated services with the grantee's partner, Wichita Children's Home and Breakthrough Club.

Heart of Kansas Family Health Care, Inc., Barton - \$8,364.00

Great Bend - Funding for leadership to attend the Cherokee Systems Training on integrating primary and mental health care delivery.

Heartland Medical Clinic, Douglas - \$75,000.00

Lawrence - One-year grant supporting continued development of an integrated approach to care, specifically the Behavioral Health Consultant position and related benefits to provide integrated care.

High Plains Mental Health Center, Ellis - \$20,000.00

Hays - Funding for leadership to attend the Cherokee Health Systems Training on integrating primary and mental health care delivery, and for formulating its own integration plan.

Hunter Health Clinic, Sedgwick - \$8,605.00

Wichita - Funding for leadership to attend the Cherokee Health Systems Training on integrating primary and mental health care delivery.

Johnson County Health Department, Johnson - \$8,364.00

Olathe - Funding for leadership to attend the Cherokee Health Systems Training on integrating primary and mental health care delivery.

Kansas University Endowment Association, Wyandotte - \$8,364.00

Kansas City - Funding for leadership of Silver City Health Center to attend the Cherokee Systems Training on integrating primary and mental health care delivery.

Mental Health Center Of East Central Kansas, Lyon - \$8,364.00

Emporia - Funding for leadership to attend the Cherokee Systems Training on integrating primary and mental health care delivery.

Russell Regional Hospital Physicians Clinic, Russell - \$8,364.00

Russell - Funding for leadership to attend the Cherokee Health Systems Training on integrating primary and mental health care delivery.

Salina Health Education Foundation, Saline - \$150,000.00

Salina - Two-year grant supporting continued development of an integrated approach to care at Salina Family Healthcare Center, including staffing, technology, education, and training.

Turner House Clinic for Children, Wyandotte - \$8,364.00

Kansas City - Funding for leadership to attend the Cherokee Health Systems Training on integrating primary and mental health care delivery.

University of Kansas Hospital, Wyandotte - \$6,273.00

Westwood – Funding for leadership from KU Hospital and its partner, Cornerstones of Care, to attend the Cherokee Health Systems Training on integrating primary and mental health care delivery.



Healthy Eating

Supporting efforts to increase access to healthy food and nutrition education in underserved communities.

Douglas County, KS, Douglas - \$75,000.00

Lawrence - This three-year grant helps support a project aimed at leveraging federal funding through the USDA Food Insecurity Nutrition Incentive. A regional partnership is working to support an expansion of Double Up Food Bucks, a Supplemental Nutrition Assistance Program (SNAP) matching initiative that allows SNAP recipients to purchase more fresh produce. Funding from the Sunflower Foundation supports a rural grocery pilot project that will implement Double Up Food Bucks in two to five rural grocery stores.



Special Initiatives/Projects

Supporting research, education, public engagement, communications, and other efforts aimed at advancing Sunflower Foundation's mission.

American Heart Association - Midwest Affiliate, statewide- \$10,000.00

Topeka - Support for the 4th Annual Kansas Tribal Health Summit (2016), a two-day event which is attended by representatives from all four Kansas tribes and other tribal health stakeholders.

Kansas Association of Community Action Programs, Shawnee - \$6,500.00

Topeka - Funding to support the "2016 Kansas Conference on Poverty: Creating Opportunities Together," sponsored by Kansas Association of Community Action Programs. The conference brings together about 250 direct service providers, agency and department managers, agency board members, volunteers and anti-poverty advocates from non-profit organizations, faith-based agencies, and governments across the state.

Kansas Association for the Medically Underserved, Shawnee - \$11,000.00

Topeka - Funding for development and one-year hosting of the Cover Kansas website, a resource for information about obtaining health insurance coverage in Kansas.

Kansas Health Institute, Shawnee - \$45,813.00

Topeka - Funding for a statewide analysis on factors contributing to recent increases in mortality rates among select populations. Findings will highlight the relationship between rising death rates and the increase in opioid use.

Kansas Humanities Council, Shawnee - \$8,000.00

Topeka - Two-year grant to support the Water/Ways initiative, which aims to engage Kansans in critical conversations about water, anchored by a six-community tour of a Smithsonian Institution traveling exhibition. The project will initiate discussions about the intersection between human experiences and the environment and between culture and conservation through educational activities and special speaker opportunities.

Prairie Band Potawatomi Nation, Jackson - \$9,925.00

Mayetta - Funding to support the 3rd Annual Tribal Health Summit and Public Health Training Day (2015), a two-day event which is attended by representatives from all four Kansas tribes and other tribal health stakeholders.

Sunflower-Directed Initiatives

Resources that Sunflower Foundation directs to major, self-initiated and directed projects that support access to health care, public policy aimed at improving health, effective leadership and advocacy on behalf of Kansans, and other efforts to advance the foundation's mission that are supplemental to its grantmaking.

Advocacy Fellowship, Class of 2016

The Advocacy Fellowship is part of the foundation's non-partisan advocacy initiative, which is designed to provide education and training opportunities for Kansas leaders whose work can help shape public policy and ultimately improve the health of Kansans. The program includes six sessions over the course of a year, including a visit to Washington, D.C., all with the goal of equipping leaders with advocacy skills that can help bridge political divides in order to achieve common goals. Topics include developing advocacy strategies, building coalitions and grassroots efforts, navigating the political process, engaging with civility, and working with the media. The 15 Fellows in the 2016 class were recruited from seasoned and emerging leaders in a variety of sectors, including health, business, social service, faith, local government, and education. A total of 89 leaders have graduated from the Fellowship's first six classes.



The 2016 Advocacy Fellows (from left to right) are:

- Maureen Mahoney — Chief of Staff for Mayor Mark Holland, Unified Government of Wyandotte County, Kansas City
- Kaye Monk-Morgan — Program Director, Upward Bound Math Science Center at Wichita State University, Wichita
- Sheldon Weisgrau — Director, Health Reform Resource Project, Topeka
- Eva Schulte — President and CEO, Communities Creating Opportunity, Kansas City
- Tracey Osborne — President, Overland Park Chamber of Commerce, Overland Park
- David Toland — Executive Director, Thrive Allen County, Iola
- Liz Sosa — CEO, Public Square Communities, Inc., Garden City
- Tim Cruz — Safety and Health Specialist, Kansas Department of Transportation, Garden City
- Benet Magnuson — Executive Director, Kansas Appleseed, Lawrence
- Vernetta Dixon — Behavioral Consultant and Prevention Coordinator, HealthCore Clinic, Wichita
- Jason Ball — President and CEO, Hutchinson/Reno County Chamber of Commerce, Hutchinson
- Denise Cyzman — Executive Director, Kansas Association for the Medically Underserved, Topeka
- Jason Wesco — Executive Vice President, Community Health Center of Southeast Kansas, Pittsburg
- Annie McKay — Executive Director, Kansas Center for Economic Growth, Topeka
- Chris Tilden — Director of Community Health, Lawrence-Douglas County Health Department, Lawrence

(Sunflower-Directed Initiatives continued)

Alliance for a Healthy Kansas

This year, Sunflower Foundation initiated and helped coordinate the launch of the Alliance for a Healthy Kansas. This statewide coalition is dedicated to engaging communities to become involved in promoting policies aimed at health equity, assuring everyone has the opportunity to attain their highest level of health. Members of the Alliance include grassroots citizens, community leaders, and organizations across the state — among them are business leaders, doctors and hospitals, social service and safety net organizations, faith communities, chambers of commerce, advocates for health care consumers, and many more. Alliance members believe that by unifying our voices we all become stronger advocates for our common goals. The Alliance’s first policy goal is the expansion of KanCare health coverage for low-income Kansans. Among other things, Sunflower funded the development and launch of the Alliance website, social media and organizing technology, as well as interim staffing while the Alliance was established as a joint initiative of the Kansas Grantmakers in Health.

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Find information about Sunflower Foundation grants from previous years at SunflowerFoundation.org/grantfinder.



About the Cover Art

"Catalyzing Collaboration," by Kriss Wittmann

Each year, the Annual Report gives us a chance to reflect upon the work of Sunflower and its many partners. This year's theme — "Catalyzing Collaboration" — encapsulates a variety of efforts in 2016, each of which build upon the strengths of working together toward common goals.

To translate this theme into an illustration, we turned to [Kriss Wittmann](#). We'd worked with Kriss in March this year to illustrate in real-time a [Speaker Series event](#) on health equity. She also has illustrated several challenging discussions during Sunflower Advocacy Fellowship sessions. In short, Kriss has an incredible talent for clearly and vividly distilling complex topics into accessible illustrations — seeing her do so live and in the moment is to witness a singular artist in her element.



Kriss Wittmann

In illustrating this year's Annual Report, Kriss has synthesized many elements of the work of Sunflower and our partners in 2016, including...

- Top-right: The formation of the Alliance for a Healthy Kansas, which brings together community leaders in a variety of sectors statewide to advocate for public policy aimed at improving the health of Kansans. Learn more about the Alliance in this report's feature on [Advocacy & Policy](#).
- Bottom-right: Work by clinics around the state to integrate physical health care and behavioral health care services. Learn more about efforts to integrate care in Kansas clinics in this report's feature on [Health Care](#).
- Center and lower-middle: Promotion of civil discourse and seeking common ground as we work to improve public policy for all Kansans. This was a particular focus of Sunflower's [2016 Advocacy Fellowship class](#).
- Bottom-left: Support for efforts to make affordable healthy foods more widely available in rural communities.
- Winding throughout: Support for efforts in communities around the state to improve the built environment — human-made structures, systems and surroundings that enable individuals to make "the healthy choice, the easy choice," especially in regards to nutrition and physical activity. Learn more in this report's feature on [Healthy Living & Active Communities](#).

We've included a [download link to a high-resolution version](#) of Kriss' illustration — of course, you are welcome to reproduce it. Thank you for your interest in the work of Sunflower Foundation and our many partners!



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